

**YOUNG ADULT MINISTRIES - TOOL KIT #2**  
**WHY HAVE A YOUNG ADULT MINISTRY IN YOUR PARISH?**

**Definition:**

This is a session to present and explain “Sons and Daughters of the Light” to foster the goals and objectives of this USCCB document. At the same time, it provides a general motivation in showing the importance of incorporating young adult ministries in our parishes.

**Approach to Implementation:**

This two-hour work session includes a PowerPoint presentation and a group discussion to plan for better implementation of “Sons and Daughters of the Light” in parish ministry with young adults.

**Roles and Responsibilities:**

Pastors, pastoral associates, pastoral councils, parish staff, and young adult leaders will be expected to participate in this session. Parish staff would have the responsibility to provide the location, invite people and take registrations.

**Training:**

The participants will be introduced to the USCCB document “Sons and Daughters of the Light” and will be shown how to use it to implement young adult ministries in the parish. The main topics for this session are: Tasks of Young Adulthood (Developing: Personal Identity, Relationships, Meaning of Work and Spiritual Life), Accepting God's Invitation (The Call to Holiness, Community and Service), Principles for Ministry with Young Adults in the Parish and Campus (Connecting Young Adults with: Jesus Christ, the Church, the Mission of the Church in the World, a Peer Community), and Implementation of the Pastoral Plan.

**Expected Resources:**

The Office of Lifelong Faith Formation - *Young Adult and Campus Ministries* will provide the training for each participant and a folder with materials, including a Summary of “Sons and Daughters of the Light” and a physical copy of the USCCB document.

**Contact Information:**

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