

YOUNG ADULT MINISTRIES - TOOL KIT #1
WHO ARE YOUNG ADULTS?

Definition:

This session provides a broad landscape of young adults' life and presents the differences and similarities between young adults in their thirties (Gen Xers) and those younger than thirty (Millennials).

Approach to Implementation:

This two-hour work session includes the following:

- Video with testimonies of young adults
- PowerPoint presentation
 - ✓ Areas of Lifelong Faith Formation
 - ✓ Who are Young Adults?
- Group discussion

Roles and Responsibilities:

Pastors, pastoral associates, pastoral councils, and people interested in becoming young adult leaders will be expected to participate in this session. Parish staff would have the responsibility to provide the location, invite people and take registrations.

Training:

The participants will be introduced to the culture and spirituality of young adults. The main topics for this session are:

- Defining Gen Xers and Millennials
- Classification of the Diversity of Young Adults
- What is Working Well in Young Adult Ministries

Expected Resources:

The Office of Lifelong Faith Formation - *Young Adult and Campus Ministries* will provide the training for each participant and will bring the necessary technical resources (computer, projector, speakers, screen, etc.) for the video and PowerPoint presentation.

Contact Information:

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